



100 MILE HOUSE SKATING CLUB



A look ahead

NEWS UPDATES

November promises to be another busy month around the rink. Our skaters are busy preparing for the Okanagan Interclub Competition, where fifteen of our Star level skaters will head to Kamloops from November 22-24 to compete. This is our largest group yet, and we anticipate continued growth as more skaters advance.

This week, Mandy McLelland Photography will be capturing club photos of our skaters. For further details and the photography schedule, please refer to page 2 of this newsletter.

Re/Max 100 will be sponsoring a free public skating event at the Rec Center on Sunday, November 10th. The Skating Club has been invited to participate in a bake sale fundraiser. Bake sales have been successful in the past, so we're asking bakers and volunteers to assist us in making this event a repeat success for our club! The arena lobby has a sign-up sheet located near the trophy case.

Our Facebook page and newsletter serve as the main channels of communication for our club, so please take a moment to review all the events scheduled for this month. If you're not receiving our emails, please check if you have unsubscribed or look in your junk mail.

Lastly, as the weather gets colder, remember that the rink will also be chilly. Be sure to dress warmly, as we will continue to skate even on the coldest days!

Important Dates:

Okanagan Interclub Competition

- November 22-24 McArthur Island Sport and Event Centre Kamloops, BC

No Lessons Days

- November 11 Remembrance Day
- Dec 6 Hockey tournament scheduled

Lessons as usual

- PRO D Day: November 25

Special Events

- Club Photos: Nov 3, 5 & 6
- Bake Sale Nov 10 3-4:30 Public Skate
- Coffee order delivery: Tentatively Nov 7
- Try-it Canskate: Dec 10, 5-5:45 pm

Meetings

- Event Committee Meeting December 1 @3:30pm Lions Den SCRC
- Board Meeting November 12 @5:30pm Lions Den SCRC
- Everyone welcome to attend!

Future Event

- 50th Ice Show: April 5, 2025
- **Mandatory Ice show practice March 24-28**



CLUB PHOTO DAYS:

PLEASE MARK YOUR CALENDAR FOR YOUR UPCOMING PHOTO DAY ON ICE DURING REGULAR SESSION TIMES:

The club is excited to offer individual skating photos at no cost to each skater. Each participant will receive a FREE Memory Mate, which includes two poses along with the skater's name, year, and club logo, all printed on an 8X10 photo.

Please arrive dressed and ready; skaters are encouraged to wear skating dresses, attire, or hockey gear and bring their sticks if they wish!

SUNDAY, NOVEMBER 3RD, 4:45-5:30 PM

- CanSkate/Parent & Tot (regular session day is Sunday)
- PSG Level 1

TUESDAY, NOVEMBER 5TH, 3:30-5:45 PM

- CanSkate/Parent & Tot (regular session day is Tuesday; photos can start as early as 4:30 PM)
- Senior StarSkate (*or Wednesday) 3:30-4:15 PM
- Junior StarSkate (*or Wednesday) 4:15-5:00 PM

WEDNESDAY, NOVEMBER 6TH, 3:30-5:45 PM

- PSG Level 2 (5:00-5:45 PM)
- Teens/Adult (5:00-5:45 PM)
- Junior Academy (4:15-5:00 PM)
- Senior Academy (4:15-5:00 PM)
- Senior StarSkate (*if not completed on Tuesday, 3:30-4:15 PM)
- Junior StarSkate (*if not completed on Tuesday, 3:30-4:15 PM)

*Any skaters who missed their photos may attend this session from 5:00-5:45 PM.



Skaters of the Month

Canskate: Apphia Moyo

Starskater: Ava Rywaczuk

Powerskater: Cruz Taylor



Okanagan Interclub Competitors

Camden Jones Star 1

Cody Thibeault Star 1

Elliesia Parkins Star 1

Emma Rusaw Star 1

Hanan Louraid Star 1

Hayden Hinsche Star 1

Jina Lee Star 1

Johannah Parkins Star 1

Kaiya Anderlini Star 1

Karsyn Anderlini Star 1

Samara Mitchell Star 1

Ava Rywaczuk Star 2

Cali Bishop Star 2

Chase Thibeault Star 2

Mackenzie Thibeault Star 2

BAKE SALE

Our Club will be hosting a bake sale fundraiser at the upcoming Remax sponsored free skate, Sunday November 10th, 3:00pm-4:30pm at the South Cariboo Rec Centre.

We are asking every family to please make a donation of baked goods, or their time, to help us make this fundraiser a success! We will have a volunteer sign up sheet on our glass trophy display case.

Baking Donation drop off times:

ARENA: Thur. Nov. 7th 3:30-5:30pm, Fri. Nov. 8th 3:30-5:00pm, Sun. Nov. 10th 2:00pm

REMAX: Nov. 8th/9th 9:00am-5:00pm

Please reach out if you are able to volunteer to help the day of the event (set up, table attendee, clean up).

Thank you for your support!

COFFEE FUNDRAISER:

Thank you to everyone who participated in our coffee fundraiser. We sold 75 bags! This week, it will be freshly roasted and shipped to our club! Delivery TBA. Thank you to Abigail McMyn for being our superstar seller!!

RECYCLE AND DONATE TO OUR CLUB!

Recycle & Donate: an easy way to support 100 Mile & District Skating Club!

Did you know we have an open account at Gold Trail Recycling?

Please consider donating your sorted bottles/cans towards our club! Simply tell the cashier you would like to donate to the 100 Mile & District Skating Club account.

Every little bit helps! Thank you for your support!

JACKET ORDERS AND ONLINE STORE:

Club jackets and merchandise can be ordered online! To ensure Christmas delivery, jacket orders must be placed by November 8th.

To access our online store, visit 100mfsc.ca under the Merchandise tab or click the 'Shop Now' link. The perfect time to shop for Christmas is now!



SKATE SHARPENING

Sharpening your skates is recommended when you start feeling like you're not gripping the ice as much as you used to. Sharpen more frequently if you are on the ice more than three times a week.

For local skate sharpening, we recommend [McCoy's Skate Sharpening](#), 803 McNeil Place, 100 Mile House, 250-395-2356, or [click for Facebook link](#).



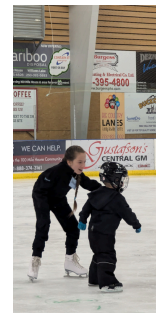
SKATING IN BC



For the latest news on events, results, and upcoming events, visit skatinginbc.com



Skating Highlights



Lest We Forget

As Remembrance Day approaches, we take a moment to remember and honor the brave individuals who served our wonderful country—those who have secured our freedom. Their sacrifices will always be cherished and remembered.

Thank you



Skating practices were a part of military training during the First World War.

