



SEPTEMBER 2024 / NEWSLETTER #2



100 MILE HOUSE SKATING CLUB

**WELCOME
BACK!**

WELCOME TO OUR 2024/2025 SEASON!

NEWS UPDATES

The new skating season is officially underway! We warmly welcome all skaters, coaches, and parents, especially our newcomers—it's a pleasure to have you join us! The 100 Mile Skating Club is committed to providing Skate Canada programming with excellence and innovation.

For program details, schedules, and registration information, please visit www.100mfsc.ca. In the coming weeks, be sure to look for information sessions near the lobby entrance, where our board members will be ready to address your questions.

We have big plans for this season! Keep an eye out for updates via email, [Facebook](#), and our newsletters. We are excited to kick off another wonderful year of skating.

Happy skating everyone!



Important Dates:

Skating Season Starts

SEPTEMBER 8

Board Meeting

SEPTEMBER 10

Competition / Simulation Day

SEPTEMBER 16 5:15 - 6:00PM

SEPTEMBER 23: 5:15 - 6:00PM

Parent Info Sessions

SEPTEMBER 22 - 27

PRO-D Day - Lessons as usual

SEPTEMBER 23

Learn to Train Clinic

Kelowna Skating Club Star 1+

SEPTEMBER 28

Truth & Reconciliation Day

STAT- No Skating

SEPTEMBER 30

Autumn Leaves Competition

Chilliwack BC Star 2+

OCTOBER 4-6

Power Skating Starts

OCTOBER 6 & 7

National Coaches Day

Show them some love!

OCTOBER 6

PAGE 01



COACHES CORNER

Coach Rachel and I would like to extend a warm welcome to all new and returning skaters. The 2024/25 Season is going to be packed full of exciting events! Competitions, test days, and a huge 50th Anniversary year end show to name a few.

Skaters have just completed a three week summer camp which will take five of our skaters to their first competition of the season. They will travel to Chilliwack on Oct. 3 to showcase their performances.

Many of our skaters participated in Program Assistant training this past week in anticipation of helping out with our Canskate program.

The Wrangler's pre-season games will begin Sept. 11 and 4 skaters have already stepped up to be flag bearer's. If you are interested please add your name to the sign up sheet posted on the club's office door.

The coaches would also like to thank our amazing volunteer board of directors for their pre-season, behind the scenes efforts to organize the upcoming season.

Skaters...Enjoy this skating season, embrace new opportunities and practice how you would like to place.

~Coach Cindy



Our Skaters are heading to the Autumn Leaves Competition!

Sending best wishes to the following StarSkaters as they present their Star 2 solos in Chilliwack:

Ava Rywaczuk
Cali Bishop
Chase Thibeault
Mackenzie Thibeault
Olivia Guenther

Registration for the Okanagan Interclub Competition
Nov 22-24 Kamloops
COMING SOON!

Learn to Train with Kirsten Moore-Towers in Kelowna (Star 1-4)

September 28, 2024

The registration deadline for the Learn to Train clinic is September 17
For more information, please see Coach Cindy or Rachel

Kirsten Moore-Towers has achieved three National Championships and earned an Olympic silver medal in pairs.



"Get ready to fall in love with skating"



CLUB APPAREL:

We offer club apparel for sale at the rink! If your skater's size isn't currently in stock, we'll be placing an order later this month to refresh our inventory.

Program Assistants, remember to utilize your ice credits from last season!

A big thank you to everyone who participated in, and supported our gear swap on September 5! If you missed out please visit our club Facebook page online swap!



FUNDRAISERS & VOLUNTEERING:

We organize a variety of fundraisers throughout the year. To keep our registration fees lower and organize major events like ice shows, fundraising is vital for any non-profit organization. Stay tuned for upcoming fundraisers and show your support. Each year, our top fundraisers are recognized with trophies at the end-of-year awards ceremony for their hard work!

Our current decision is to avoid introducing a volunteer fee. To maintain this, volunteering throughout the year will be mandatory for all parents as needed.



REMINDERS:

As we welcome the new season, we would like to remind parents and caregivers to observe lessons from the stands. By doing this, the ice entrances remain clear and safe, and there are fewer distractions for skaters. If your skater requires you the coaches will signal you. Stepping onto the ice in regular footwear is NOT permitted. Families, particularly of Canskate skaters are required to stay in the building during lessons for safety reasons.

Additionally, please encourage your skater to use the restroom before their lesson.



PARENT INFO SESSIONS:

We will be present in the lobby on the following dates to assist with any inquiries:

- September 22: 5:00 - 6:15 PM
- September 24: 5:00 - 5:15 PM
- September 25: 3:30 - 5:00 PM
- September 26: 4:15 - 5:15 PM
- September 27: 3:30 - 5:00 PM

